

## Vegetarian Starters

<b>POPPADUM BASKET</b> £2.00 served with chutney	<b>VEGETABLE PAKORA</b> £3.95 Mix seasoned vegetables cooked with a selection of spices in a gram flour batter
<b>ALOO TIKKI CHAAT</b> £4.00 potato patties with indian spice topped with chickpeas, mint yogurt and spices	<b>VEG SPRING ROLL</b> £3.75 deep fried crispy spring roll stuffed with seasonal vegetables
<b>SAMOSA CHANA CHAT</b> £4.95 potato patties with indian spice topped with chickpeas, mint yogurt and spices	<b>PANEER TIKKA</b> £4.95 marinated paneer in spices & grilled in tandoor
<b>PAPRI CHAT</b> £3.95 crispy pastry with chickpeas, potatoes with tamarind sauce topped with yoghurt and spices.	<b>VEG CHICKEN TIKKA</b> £6.95 veg style chicken pieces marinated with spices and grilled in tandoor
<b>DAHI PURI</b> £4.50 deep fried flour pastries with mashed potatoes, chickpeas topped with sweet & yogurt, mint and tamarind chutney, served chilled	<b>HARA BHARA KEBAB</b> £5.50 assorted vegetables, with herbs and spices, skewered and deep fried
<b>GOLGAPPE</b> £3.75 (panipuri, crispy wheat shells served with chickpeas, potatoes & tamarind water)	<b>VEGETARIAN PLATTER</b> £8.95 spring roll, paneer tikka, samosa, hara bara kebab, aloo tikki

## Indo Chinese Starters

<b>VEG, MANCHURIAN</b> £4.75 indo chinese minced veggies, deep fried balls in sweet & sour sauce
<b>CHILLY PANEER</b> £5.00 popular indo chinese dish of cottage cheese with sweet & sour sauce
<b>CHILLY MUSHROOM</b> £4.00 healthy stir fry indo chinese style in sweet & sour sauce
<b>CHILLY CHICKEN</b> £5.50 popular indo Chinese dish of chicken with sweet & sour sauce
<b>CHILLY FISH</b> £5.95 boneless pieces of fish, butter fried with spicy tangy sauce
<b>CHILLY PRAWN</b> £6.00 prawn tossed spicy chilli and garlic, bring out the best in their succulent and aromatic prawn dish
<b>CHOWMEIN</b> VEG £4.95 CHICKEN £5.95 PRAWN £6.75 Stir fried noodles with your choice of ingredients

## Non Vegetarian Starters

<b>TANDOORI CHICKEN Half</b> £6.50 <b>TANDOORI CHICKEN Full</b> £10.00 marinated chicken in Indian spices & cooked in the tandoor	<b>LAMB CHOPS</b> £7.95 marinated with papaya, peppercorn & black cumin, grilled to perfection
<b>CHICKEN TIKKA</b> £6.50 succulent boneless chicken marinated with yoghurt and various spices	<b>MAYAPURI LAMB TIKKA</b> £7.95 succulent pieces of lamb in exotic spices and grilled to perfection
<b>MALAI CHICKEN TIKKA</b> £6.50 pieces of chicken cooked in a creamy marinated with yogurt, cheese, ginger, garlic & chilly	<b>GRILL KING PRAWNS</b> £7.95 king prawns marinated & cooked in tandoor
<b>NARAM GARAM GOSHT</b> £6.50 tender sping lamb infused with authentic herbs & spices, red onion, green chillies & lemon	<b>FISH TIKKA</b> £6.50 (marinated fish in tikka masala paste & cooked in clay oven
<b>SEEKH KEBAB</b> £7.95 spiced lamb minced and soft cheese moulded on to skewers and tandoored.	<b>FISH AMRITSARI</b> £5.95 popular amritsar street food-crispy batter fried fish
	<b>NON VEG PLATTER</b> £12.95 lamb chops, seekh kebab, chicken tikka, fish amritsari, malai tikka

## Main Course

<b>CHICKEN TARIWALA</b> £7.50 a north indian household favorite, chicken pieces with onion, tomato and spices	<b>LAMB ROGAN JOSH</b> £7.75 a traditional lamb curry from north west frontier of India
<b>MAKHANI MURG</b> £7.50 tender pieces of chicken cooked in tandoor & blended into tomato & cream based sauce & hint of dried fenugreek	<b>RARA GHOSHT</b> £8.50 unique recipe as it combines the lamb spices along with lamb keema or lamb mince in it.
<b>CHICKEN TIKKA MASSALA</b> £7.95 grilled chicken simmered in a rich butter and tomato sauce	<b>LAMB MUGHLAI</b> £7.75 boneless lamb cooked in yogurt based exotic spice gravy
<b>GARLIC CHICKEN</b> £7.50 chicken cooked with extra garlic, garam masala, ground cumin, curry leaves & green chillies	<b>FISH MASALA</b> £7.25 fish fillets in a tomato and onion based gravy with mustard seeds & curry leaves
<b>CHICKEN CHETTINAD</b> £7.50 a spicy chettinad (south Indian) preparation, combining ground coconut, curry leaves, fennel and sesame seeds	<b>GOAN PRAWN CURRY</b> £7.50 fresh water prawns cooked in goan style coconut red gravy
<b>GOAT CURRY</b> £7.50 goat curry stone cooked with onion, ginger, garlic, chilli, coconut milk & lots of indian spices.	<b>GARLIC PRAWN CURRY</b> £7.50 fresh water prawns cooked in north indian style flavored with garlic

## Vegetarian

<b>MALAI KOFTA</b> £7.50 Potato & Paneer Balls Are Deep Fried Coated With Malai And Added Into Onion Tomato Creamy Gravy.	<b>ALOO GOBHI</b> £6.50 Cauliflower Cooked With Potatoes & Spices
<b>SHAHI PANEER</b> £7.50 Royal Paneer Dish Is Preparation Of Cottage Cheese In A Thick, Creamy Gravy With Tomato, Onion & Cashew Nuts Paste	<b>ALOO BAIGAN</b> £6.50 Potatoes & Aubergine Cooked Together With Onion, Tomatoes & Spices
<b>MUTTER PANEER</b> £7.50 Cottage Cheese And Green Peas Cooked In Mild Spices	<b>BHINDI DO PIAZA</b> £6.50 Okra Cooked With Onion , Spices & Herbs
<b>KARAHI PANEER</b> £7.50 indian Cottage Cheeses Cooked In Onion Tomato Gravy With Kadhai Masala	<b>CHANA MASALA</b> £6.00 Chick Peas Cooked With Fresh Tomatoes, Onion, Herbs & Touch of Spices
<b>PANEER TIKKA MASALA</b> £7.50 clay Oven Cooked Cottage Cheese In Masala Made With Onions, Tomato Puree, Yogurt & Cream	<b>DAL TADKA</b> £6.00 Assorted Lentils Cooked With Fried Garlic & Onions
<b>PALAK PANEER</b> £7.50 fresh Spinach Cooked With Cottage Cheese	<b>DAL MAKHANI</b> £6.00 Black Lentils Cooked In Creamy & Rich Gravy
<b>SAAG</b> £6.00 Fresh Spinach Cooked With Onions & Fresh Herbs	<b>LAL'S DAL</b> £7.50 Wonderful Mixture Of Various Lentils & Very Tasty
<b>JEERA ALOO</b> £6.00 Boiled Potatoes, Tossed In Simple Masalas & Coarsely Crushed Roasted Cumin Seeds	<b>VEGETABLE KORMA</b> £6.50 Mixed Seasonal Vegetable Cooked In A Rich Creamy Based Gravy
	<b>MIX VEGETABLE</b> £6.50 Fresh Mix Veg Cooked Together In Spices And Herbs To Our Own Recipe

## Signature Dishes

<b>Grill Salmon</b> £12.95 Steak of scottish salmon marinated in special blend of spices, flavoured with fresh dill chargrill in a tandoor, simmered in a thick sauce	<b>Lamb Shank Curry</b> £11.95 Tender lamb shank slowly braised in aromatic home made spices
<b>Jumbo King Prawn Masala</b> £12.95 Masala mildly spiced masala preparation of jumbo king prawns sauteed with ginger and onion tomato masala	<b>Lamb Chops masala</b> £11.95 A very delicious curry recipe made with lamb chops & indian spices
<b>Chicken Tikka Lababdar</b> £10.95 Tandoori chicken tikka cooked to perfection in a chunky tomato and onion, flavoured with dry fenugreek leaves	

**SOME OF OUR DISHES MAY CONTAIN NUTS, PLEASE ASK STAFF FOR FURTHER INFORMATION**

## Biryani Dishes

lightly cooked together with basmati rice and served with vegetable curry.

LALS SPECIAL BIRYANI (chicken, lamb & prawn mix biryani)	£10.50
CHICKEN BIRYANI	£7.50
LAMB BIRYANI	£7.75
PRAWN BIRYANI	£8.95
VEGETABLE BIRYANI	£7.50

## Rice

PLAIN RICE	£2.50	MUSHROOM RICE	£3.50
PULAO RICE	£2.95	EGG FRIED RICE	£3.50
MIX VEG RICE	£3.50	CUMIN RICE	£2.95

## Naan

Plain Naan	£2.00	Amritsari Kulcha	£2.95
Garlic Naan	£2.50	Pesahwri Naan	£2.95
Tandoori Roti	£1.50	Keema Naan	£2.95
Lachha Parantha	£2.95	Assorted Basket	£5.95

## Accompaniment

Bondi Raita	£2.00	Kurkuri Bhindi (okra)	£3.00
Mix Raita	£2.00	Chips	£2.95
Green Salad	£3.00	Chicken Nuggets	
Kachumber Salad	£3.00	With Chips	£4.95

## Desserts

Gulab Jamun	£3.50	Ice Cream	£3.00
Gajar Halwa	£3.50	Strawberry Cheesecake	£3.99
Rasmalai	£3.95	Chocolate Fudge Cake	£3.99
Kulfi	£3.00		



### SET MENU

Chicken Tikka  
Seekh Kebab  
Aloo Tikki Channa  
Papri Chat

Butter Chicken  
Lamb Rogan Josh  
Mixed Vegetable  
Dal Makhani  
Rice & Naan

Gulab Jamun  
with Kulfi

### SET MENU

Chicken Tikka  
Seekh Kebab  
Fish Pakora  
Hara Bhara Kebab  
Veg Samosa

Chicken Tariwala,  
Karahi Lamb  
Fish Curry  
Mutter Paneer  
Dal Tarka  
Rice & Naan

Carrot Halwa with  
Vanilla Ice Cream



Chilli Prawns, Haryali Chicken Tikka,  
Sheekh Kebab, Mix Veg Pakora,  
Aloo Tikki Chana

Fish Masala, Butter Chicken, Lamb Kali Mirch  
Saag Paneer, Daal Makhani, Rice & Naan

Carrot Halwa with Vanilla Ice Cream

### OPENING TIMES

SUNDAY - THURSDAY / 5PM - 11PM  
FRI - SAT / 5PM 11.30

909 Wolverhampton Road, Oldbury, B69 4RR



# Lal's

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[www.lalsrestaurant.co.uk](http://www.lalsrestaurant.co.uk)

